

# **ANNUAL REPORT 2016**

For

## **JUMPSTART COMMUNITY CENTRE (RF) NPC**

**Registration number:**

2015/336863/08

**PBO Reference Number:**

930 051 922

**Income Tax Reference Number:**

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**1. List of Initiatives**

<b>Initiatives</b>	<b>Description</b>	<b>Needs addressed</b>	<b>Reach</b>
<b>Successful initiatives during 2016</b>			
Holiday Club	School holiday project for primary school kids	Nutrition, Hygiene, Safety	30-60 kids pd
SALT	A themed event once a term for senior adults	Upliftment	20-40 adults
Meal Deal	Food parcels for families in need since 2013	Nutrition	90 Families pd
<b>Dream/Future initiatives</b>			
BrightStar	Youth life skills training		
Adventure camp for boys	Survival skills, First Aid, Making fire		
Tutoring	Satellite Schooling for kids		
Vegetable Gardens	Managing Small Gardens @ home		
Compost Making	Soil components and creating compost bins		
Worm farms	Small worm Farm @ church/school		
Caring for the needy	Food and showers for homeless / beggars		
Skills training	Basic computer and Word plus CV's		
	Sewing and needlecrafts		
	Cooking classes & balanced meal		
	Painting basics, borders, brushes/rollers		
	Gardening, weeding, planting and caring		
	Car wash; Cleaning agents and cloths		
	Plumbing; cleaning traps and drains		
	Bicycle maintenance		
	Fishing; equipment and techniques		
Water sport	Water safety, swimming, Kayak training		
MOM	Assisting and training new moms		
Recycling/Swop shop	Give and receive initiative		
Educational visits	Parks/Factories/Businesses		
Music Academy			
Kindermuzik			
<b>Older initiatives for review</b>			
Winter Outreach	Distributing Beanies and Blankets to the needy		
Cups 4 Christ	Feeding scheme for Children		
Harold Krumm Library	Reading Programme, Assisting in upgrading		
Chess Club			
Puppet Shows	Saldanha Primary, Friday morning Puppet		
<b>Shared initiatives</b>			
Caros Prison visits	Encouragement		
Men's Friday morning	Equipping men for life		
Cornerstone University	Distance learning via internet		
Daphne's	Children upliftment groups		
Families in Trauma	Assisting families in trauma		
Parole Support	Message, encouragement and placement		
Wooden Canoe building	Training and empowerment		
Hearts of Hope	People with Disability: Awareness, upliftment		

## 2. Introduction

### 2.1. JumpStart Principle Object:

To address the social-economic needs of the poor, vulnerable and marginalized communities along the West Coast through projects and targeted interventions designed to alleviate poverty, homelessness, unemployment and other conditions of disadvantage.

### 2.2. Overview

Beacon Church has been active in the West Coast Community since 1998, 10 May 1998. In 2012 Beacon Church saw the need for a vehicle to address the needs of the poor, vulnerable and marginalized people in our society. Numerous programmes, projects and initiatives have been embarked on and the outcomes have been positive, valuable lessons learned and strong support base built.

JumpStart Community Centre was conceptualized in 2014 and formally registered as a not-for-profit company on 16 September 2016. The Directors are Wouter Oosthuizen, Theo Reynolds and Adriaan van den Berg. The Executive Committee members are Theo Reynolds, Albert van Dyk, Petri van der Merwe, Rob Flynn, Mark Maynard.

Policies and procedures are being put in place for the structured, effective and transparent working environment where programmes are monitored within a guide, yet organic in growth and adaptation for addressing needs holistically with the main aim of sustainability.

## 3. Successful initiatives during 2016

### 3.1. Holiday Club

3.1.1. Winter (July): Serving Soup and bread to kids who normally receive a meal at school. Prayer and gospel sharing through puppet message with outdoor activity or rainy day indoor crafts. Average of 50 kids – fed and entertained during July holidays.

3.1.2. Spring (October): Outdoors and indoors activities filled with fun and learning based on the Jonah theme was through teaching developed around the theme Jonah

3.2. **SALT - Senior Adults Living Triumphantly** gather once a term for support and encouragements will enjoy a skills activity or guest speaker over a cup of tea. Overlapping with the youth and children's programmes will give an opportunity to share knowledge, skills and wisdom, impacting their lives and giving dignity through feeling valued.

### 3.3. Meal Deal

3.3.1. In October 2013 a project was embarked on to help families from disadvantaged communities with food parcels. 96 families were identified in Langebaan, Saldanha, and Elandsbay. In December 2013, 96 families were treated with a bag filled with food and treats that would sustain a family of 4 for 1 month.

3.3.2. December 2014 meal deal distributed more than 150 boxes and bags of food to the elderly, widows and single mothers

3.3.3. In partnership with Mr. Lindenburg we aim to make grocery parcels will be prepared for needy families in January 2017

“All initiatives following below will need to go through evaluations process”

#### 4. Dream/Future initiatives

- 4.1. **BrightStar** – Life skills training to facilitate growth and insight to empower participants in living significant lives filled with compassion, integrity, excellence, fun and continuous growth! The programme will focus on youth and young adults in three modules in a safe environment to grow as individuals, building relationships and leadership. Accredited programme, qualified facilitator and programme manager.
- 4.2. **Adventure camp for boys** – Training boys in basic survival skills, first aid and fire making in a fun environment. Possible opportunity for camps.
- 4.3. **Tutoring**
  - 4.3.1. Satellite Schooling for kids who struggle with subjects in school
  - 4.3.2. Kids for Kids, empowering kids to identify needs and finding ways to address those needs.
  - 4.3.3. Reach across programme. Training teachers to “bridge the gap”
- 4.4. **Vegetable Gardens** – Creating sustainable vegetable gardens at homes in the community with the primary goal of feeding the family. Educating, Upliftment, Income Generating. Phase I: Vegetable Garden at Beacon Church with start with the preparation of the ground for training and evaluation. Vegetables could be used in Cooking programmes. Phase II: Vegetable Garden at home for feeding the family, Identify plots, preparing ground, plant, monitor and support. Phase II: Mentorship through assisting my neighbor, assisting in Training and overall monitoring and supporting. Phase IV: Reward by Lot-assignment with Organic Market
- 4.5. **Compost Making** – Integration of four programmes: Compost making uses organic recycled products from the Recycling project and the worms from the Worm farms to ‘feed’ to soil of the Vegetable Gardens. Knowledge and skills taught for improved home-based vegetable gardens, sale or employment.
- 4.6. **Worm farms** – Creating earthworm farms in containers for sale, use in Vegetable gardens programme. Learning the skills forms the foundation for Garden Service employment and entrepreneurial opportunities.
- 4.7. **Caring for the homeless and beggars** - Providing food, a shower and clothing for the homeless. Restoring dignity and having a conversation of a meal we aim to find ways to help turn their circumstances around. Integrating this programme with other programmes e.g. Vegetable Garden and Skills training we could help rebuild lives
- 4.8. **Skills/Mentorship training** – Empowering people with basic skills in different crafts with the main purpose being employment. Through a process of interviews, training, CV creation, testing, recommendation and placement we aim to become a centre that offer the skills training and the qualified workers businesses seek. All Skills training will be done in phases and monitored through evaluation to follow the ‘Building upon building blocks’ model, with basic employment possible after phase one.
  - 4.8.1. **Basic computer and Word plus CV’s** – Basic computer orientation, followed by typing skills and word processing with the creation of a CV. Further skills can be added as the programme grows
  - 4.8.2. **Sewing and needlecrafts** – Sewing and tailoring skills for employment and small enterprise possibilities with both tourism and trade as avenues for sales make this programme limitless.
  - 4.8.3. **Cooking classes & balanced meal** – Integrated with the Vegetable Gardens project we aim to teach the basic healthy cooking and meal planning skills and keeping tight budgets and access to seasonal vegetables from gardens in mind. The programme will start in phase one addressing basic family needs, working towards employment and small catering business opportunities.

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- 4.8.4. **Painting basics, borders, brushes/rollers** – Skills and knowledge of equipment to empower the individuals. Improved employment prospects.
  - 4.8.5. **Gardening, weeding, planting and caring** - Skills and knowledge of equipment to empower the individuals. Improved employment prospects.
  - 4.8.6. **Car wash; Cleaning agents and cloths** – Following the Cape Town model of teaching, training, monitoring while earning a meal and small basic income, individuals are offered an opportunity to learn the best practices for further employment or start their own small car wash business.
  - 4.8.7. **Plumbing; cleaning traps and drains** – This basic skill training will focus on equipping individuals for assistants to plumbers. Overlapping with other skills training gives the opportunity to offer more than one service to client e.g. with confidence and good communication when hired for garden services offering to clean the traps will set the individual apart.
  - 4.8.8. **Bicycle maintenance** – Skills and knowledge of equipment to empower the individuals. Improved employment prospects.
  - 4.8.9. **Fishing** – Teaching individuals about the different equipment e.g. rods, supplies, net care etc needed and the techniques with each for fishing for food for their family.
  - 4.9. **Water sport:** Water safety, swimming, Kayak training.
  - 4.10. **MOM.** Programme launched in 2016 dealing specifically with mothers with babies or toddlers. Caring and development is specifically addressed and knowledge shared on raising healthy children.
  - 4.11. **Recycling/Swop shop** – Various approaches possible. Clothing and goods swop shop, Organic recycling for the compost making initiative, Paper and mulch for the worm farm initiative, partnering with the recycling company for employment opportunities.
  - 4.12. **Arts & Crafts classes** – Skills training for programmes with upliftment and community social encouragement focus. The possibility to create unique pieces for tourism and retail.
  - 4.13. **Educational visits:** Parks/Factories/Businesses. One focus is on career education for school leavers. Another for younger kids as a fun learning day trip.
  - 4.14. **Music Academy**
  - 4.15. **Kindermuzik**
  - 5. Older initiatives for review**
    - 5.1. **Winter Outreach / Beanies and blankets.** Poor and vulnerable handed out winter Ponsho's, blankets and neck warmers. 78 people from Langebaan and 40 people from Elandsbay were reached with this project to make a cold wet winter a little more bearable.
    - 5.2. **Cups 4 Christ** – a programme where children from the local government school were fed. It started off as a once a week feeding project for 30 children of a local school in Langebaan that did not bring food to school. It ended off being a programme where more than 200 children were fed a balanced healthy meal twice a week on 2 different locations.
    - 5.3. **Harold Krumm Library** – Assisting in upgrading and support. Involved in Reading programme.
    - 5.4. **Chess Club** – Teaching kids the skills of chess.

5.5. **Puppet Shows** – Friday mornings at Saldanha primary school.

## 6. Shared initiatives

The following are successful ongoing initiatives in partnership with organisations. We play a role in their bigger programme and contribute in specific ways. Partnerships and collaboration are an important focus for us as it offers the opportunity to impact more people with specific needs in which we do not specialize. It also offers the opportunity to network, support and learn from organizations working in the same area with the same values and

- 6.1. **Caros Prison visits** – Beacon Church and JumpStart partner with Caros through volunteers join the outreach with encouragement. With the Cooking training programme we hope to offer a simple baking programme which can then support the cookie contribution make to Caros.
- 6.2. **Men's Friday morning** – In Collaboration with Beacon Church these weekly meetings empower, uplift and encourage men to become strong leaders in their families and the community. Their skill sets in various programmes through volunteer opportunities address the human resource need.
- 6.3. **Families in Trauma**. Is an ongoing programme helping families deal with trauma associated with loss of a spouse, parent or child. Professional councilors work with the Beacon Church counseling team on a voluntary basis.
- 6.4. **Cornerstone University**
  - 6.4.1. Cornerstone is an independent, not-for-profit institution engaged in teaching and learning in service of others, to advance human dignity and social justice for all.
  - 6.4.2. Cornerstone Institute will be able to enrich our community not just as a tertiary institution but we will also be able to involve those students on a day to day bases in enriching our community, serving the older folk and children through the Gospel.
  - 6.4.3. "At Cornerstone Institute we source the best faculty and, through quality education, ensure that our graduates are able to make a difference through their fields of study. These include Psychology, Ethics, Philosophy, Religious Studies, Business, Education, Sociology and Community Development."
- 6.5. **Daphne's Children "kinderkrans" groups** – Weekly small groups for vulnerable children to come together under the love and guidance of the house mother to lead them in life skills through bring them the Gospel message of love and acceptance. Through a train-the-trainer model more groups can be added to reach the large numbers of vulnerable children in the community.
- 6.6. **Parole Support** – Monolito Lee, St Helena work as Parole officer and the opportunity to serve, learn and support is there for volunteers to meet with persons who are reintegrating into society, through encouragement and upliftment their lives can be impacted. JumpStart aim to partner the project with the Skills Training and placement programme.
- 6.7. **Wooden Kayak Building and Training** – Mark Ambler will be building wooden kayaks for international clients. Local community members will be trained in the skill to build these kayaks creating the foundational woodworking skills for further training in other areas or possible permanent employment.
- 6.8. **Hearts of Hope** - People with Disability: The Hearts of Hope Club currently has 52 members with difference disabilities. They support one another other through the process of acceptance, uplifting and encourage each other to live with purpose and see their value and role within their circumstances. Government, Businesses and communities are educated through awareness campaigns about accessibility for persons with disability e.g. Mykonos Holiday resort are addressing walkway accessibility

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throughout the resort; a retail store enlarged price size for sight-impaired persons. They will partner with LEG on a building doghouses project, 2 Dec the will participate in International Disability Day celebrations.

## **7. Acknowledgement of our Donors and Sponsors**

During the 2016 year we thank Beacon Church for their financial support, making it possible to run initiatives, test processes and forming a networking base.

The 2017 JumpStart Prospectus will enable the team to market initiatives to corporate and private donors with confidence and excitement for all that is planned to impact lives for the better.

Jumpstart will also focus on taking hands with various government partners and community forums to ensure we address critical areas of need with the right approach, support and skill.

## **8. Thank you to our volunteers**

Our most valuable support system are you, our volunteers! We thank you members and friends of Beacon Church who gave freely from your hearts... your time, talents and love.

We look forward to working hand in hand again in the New Year with old and new volunteers as we impact our community.

**Our 2017 aim is to change lives for the better!**